

CASSIDY'S STORY

Cassidy is our beautiful 16 year old daughter who tragically lost her life to suicide December 20, 2015. Cassidy was the happiest, funniest, most free-spirited person you would ever meet. She enjoyed life to the fullest... she was fearless! She was goofy, she was a cheerleader, she would bring laughter to the room, she loved the outdoors, and she had a huge heart for all animals. Cassidy was a loyal friend and a loving daughter. She had incredible friends and a supporting family who loved her unconditionally. Cassidy had her whole world ahead of her ... yet she fell victim to suicide.

Cassidy didn't fit the typical mold you would expect from a victim of suicide. She wasn't depressed, she wasn't bullied, she wasn't unhappy. She loved her friends and she loved life! She had no past history of depression and she showed no warning signs before choosing to end her life that day. This devastation came as a horrific shock to our family. Cassidy did not reach out to anyone for help before choosing to end her life that Monday ... she kept silent.



CONTACT US



Kim Hess

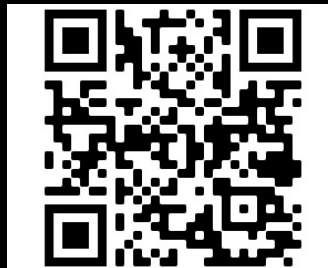
President/
Founder

kim@CassidyJoinedforHope.com

Kim shares Cassidy's story in schools, churches and community events as part of her mission to spread teen suicide awareness and prevention. If you are interested in having Kim speak to your audience, send us an email with a brief description of the event: date, type of event and expected audience. We would love to partner with your organization in spreading suicide awareness and message that **EVERY LIFE MATTERS.**

We need the entire community to join our mission. Please contact us at:

info@CassidyJoinedforHope.com
7 Switchbud Place, Suite 192-526
www.CassidyJoinedforHope.com



TEEN SUICIDE PREVENTION



"You're doing BETTER than you think you are ...and God's doing MORE than you think He is"

Cassidy Hess

www.CassidyJoinedforHope.com

SUICIDE the silent epidemic

An American dies by suicide every **12.3 minutes** (2015 CDC WISQARS)

Suicide is the **SECOND** leading cause of death for **ages 10-24** (2015 CDC WISQARS)

Each day in our nation there is an average of over **5,240** attempts by young people **grades 7-12** (2015 CDC WISQARS)

Suicide is real.

Suicide does not discriminate.

Suicide affects more families of teens today than ever before. The day the Hess family lost their beautiful daughter, Cassidy, to suicide just a few days before Christmas in 2015 could not have come any more of a shock to them. There were no warning signs as Cassidy fell victim of the Silent Epidemic of teenage suicide. We can stop this ... we need to **BREAK THE SILENCE**, remove the stigma, and begin the necessary conversations about mental health, depression ... and suicide.

Together we can make a difference . . .

Together we can save lives

CASSIDY JOINED FOR HOPE, INC.

After losing their beautiful 16 year old daughter, Cassidy, to suicide in 2015, the Hess family created the Cassidy Joined for Hope Foundation to make sure this tragedy does not happen to any other family in their community. Cassidy Joined for Hope, Inc. is a national 501(C)(3) non-profit foundation focused on teen suicide prevention in the schools and community. We recognize that teen suicides are not isolated instances ... but the second leading cause of death for ages 10-24. No community or family is immune.

OUR MISSION

The mission of the Cassidy Joined for Hope Foundation is to **PREVENT TEEN SUICIDE**. We provide resources, support, training and education to schools and communities in spreading awareness of suicide prevention.

We partner with other organizations within our mission to offer resources and events to our community. This includes speaking events, suicide prevention training, sponsorships for therapy, support groups, suicide prevention PSA's, and provide funding the Joined for Hope clubs in the schools.

Suicide is preventable, and our vision is to be a suicide-free community. This must be a community-wide movement, starting with our children, our schools and homes.



Foundation Officers:
(left to right)

- Lynn Fincher** (Treasurer)
- Tracey Bieser** (Secretary)
- Kim Hess** (President)
- Jud Hess** (Vice President)

JOINED FOR HOPE CLUBS

"Joined for Hope" school clubs were created to Break the Silence about mental health and teen suicide in the schools by starting these life saving conversations. These clubs focus on preventative measures to make sure teens understand that they are **NOT** alone, even when they can't see the light. Today, so many teens think they are the only ones feeling lost and hopeless. By having **REAL** and open conversations, these students offer **HOPE** to each other and simply remind them that this world is a better place with them in it.



Joined for Hope Clubs spread messages of Teen Suicide Prevention awareness throughout the school year. They offer suicide prevention training, provide students with local resources, film school approved PSA's for suicide prevention, organize campus mental health events, and bring attention to suicide prevention to the entire community through "Purple Out" sporting events.



Contact us If you are interested in starting a Joined for Hope Club in your school.